

# Wellways Annual Dog Walk & Lunch



**Mental Health Week**  
**TASMANIA**  
4-12 October

**Join our annual dog walk and lunch during Mental Health Week 2025**

This is a free community event organized by Wellways supporting the mental health of all Tasmanians.

Let's celebrate our four-legged friends. They give us unconditional support and love every day. If you don't own a dog but enjoy being around them, please come along anyway!

**When:**

11am–2pm, Wednesday 8th of October 2025

**Where:**

Royal Park Launceston, 13 Park St, Launceston

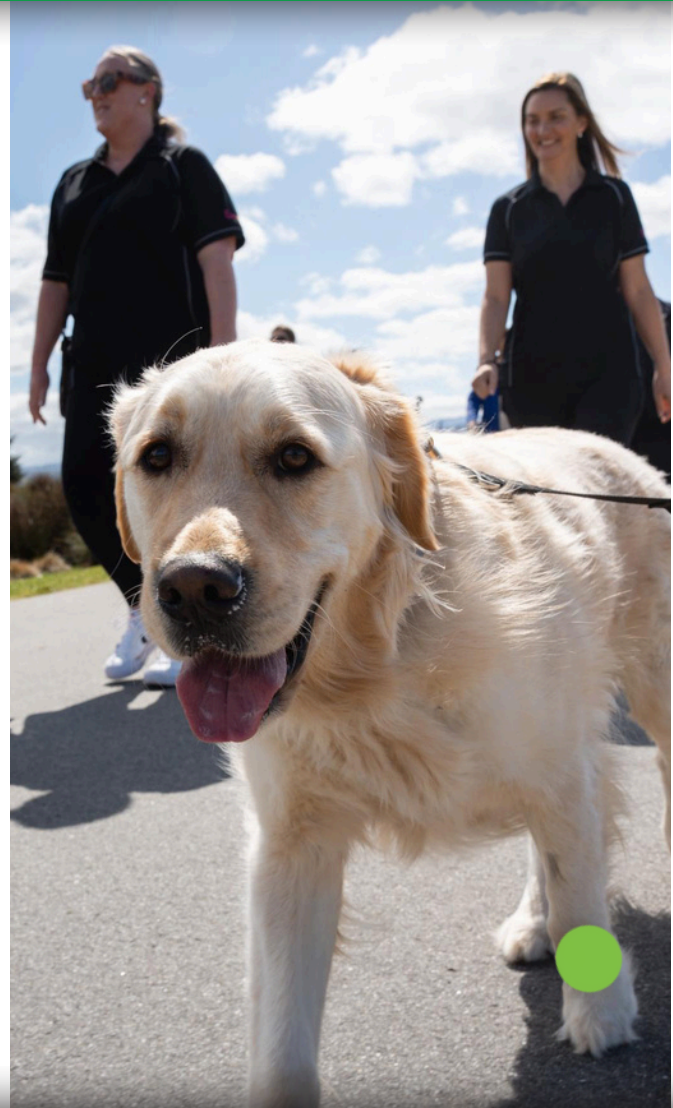
**Cost:** Free

**Registration:**

**Phone:** 03 6333 3103

**Email:** [tasmania@wellways.org](mailto:tasmania@wellways.org)

For the benefit of all, dogs must be always leashed, and your dog is solely your responsibility. Each person must clean up after their dog and deposit waste accordingly.



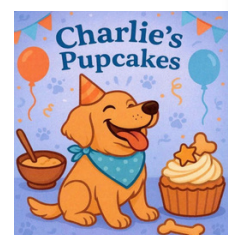
St Vincent de Paul Society  
TASMANIA  
*good works*

CORES Australia  
Community Owned Response to Eliminating Suicide

**wellways**



medicare  
Mental Health Centre  
Launceston



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