

Day 1 – KMHS (Wednesday 29/10/2025)

Time		Event
9:00am to 9:40am	1	Junior Boys 1500m
	2	Junior Girls 1500m
	3	Senior Boys 1500m
	4	Senior Girls 1500m
9:40am to 10:30am	5	Year 7 Boys Long Jump
	6	Year 7 Girls Discus
	7	Year 8 Boys Commando
	8	Year 8 Girls High Jump
	9	Year 9 Boys Tug of War
	10	Year 9 Girls Shot Put
	11	Year 10 Boys Javelin
	12	Year 10 Girls Triple Jump
10:30am to 11:20am	13	Year 7 Boys Triple Jump
	14	Year 7 Girls Long Jump
	15	Year 8 Boys Javelin
	16	Year 8 Girls Discus
	17	Year 9 Boys Shot Put
	18	Year 9 Girls High Jump
	19	Year 10 Boys Commando
	20	Year 10 Girls Tug of War
11:20am to 12:10pm	21	Year 7 Boys Javelin
	22	Year 7 Girls High Jump
	23	Year 8 Boys Long Jump
	24	Year 8 Girls Tug of War
	25	Year 9 Boys Triple Jump
	26	Year 9 Girls Commando
	27	Year 10 Boys Shot Put
	28	Year 10 Girls Discus

Time		Event
12:10pm to 1:00pm	29	Year 7 Boys High Jump
	30	Year 7 Girls Triple Jump
	31	Year 8 Boys Shot Put
	32	Year 8 Girls Long Jump
	33	Year 9 Boys Javelin
	34	Year 9 Girls Discus
	35	Year 10 Boys Tug of War
	36	Year 10 Girls Commando
1:00pm to 1:50pm	37	Year 7 Boys 800m
	38	Year 7 Girls 800m
	39	Year 8 Boys 800m
	40	Year 8 Girls 800m
	41	Year 9 Boys 800m
	42	Year 9 Girls 800m
	43	Year 10 Boys 800m
	44	Year 10 Girls 800m
1:50pm to 2:40pm	45	Year 7 Boys Discus
	46	Year 7 Girls Javelin
	47	Year 8 Boys High Jump
	48	Year 8 Girls Triple Jump
	49	Year 9 Boys Commando
	50	Year 9 Girls Tug of War
	51	Year 10 Boys Long Jump
	52	Year 10 Girls Shot Put

Day 2 – St Leonards (Thursday 30/10/2025)

Time		Event
9:00am to 9:50am	53	Year 8 Girls 200m
	54	Year 8 Boys 200m
	55	Year 7 Girls 200m
	56	Year 7 Boys 200m
	57	Year 9 Girls 200m
	58	Year 9 Boys 200m
	59	Year 10 Girls 200m
	60	Year 10 Boys 200m
9:50am to 10:40am	61	Year 7 Boys Commando
	62	Year 7 Girls Tug of War
	63	Year 8 Boys Triple Jump
	64	Year 8 Girls Shot Put
	65	Year 9 Boys Discus
	66	Year 9 Girls Long Jump
	67	Year 10 Boys High Jumps
	68	Year 10 Girls Javelin
10:40am to 11:30am	69	Year 7 Girls 100m
	70	Year 7 Boys 100m
	71	Year 8 Girls 100m
	72	Year 8 Boys 100m
	73	Year 9 Girls 100m
	74	Year 9 Boys 100m
	75	Year 10 Girls 100m
	76	Year 10 Boys 100m
11:30am to 12:20pm	77	Year 7 Boys Tug of War
	78	Year 7 Girls Shot Put
	79	Year 8 Boys Discus
	80	Year 8 Girls Commando
	81	Year 9 Boys High Jump
	82	Year 9 Girls Javelin
	83	Year 10 Boys Triple Jump
	84	Year 10 Girls Long Jump

Time		Event
12:20pm to 12:50pm	85	Year 7 Girls 400m
	86	Year 7 Boys 400m
	87	Year 8 Girls 400m
	88	Year 8 Boys 400m
	89	Year 9 Girls 400m
	90	Year 9 Boys 400m
	91	Year 10 Girls 400m
	92	Year 10 Boys 400m
12:50pm to 1:40pm	93	Year 7 Boys Shot Put
	94	Year 7 Girls Commando
	95	Year 8 Boys Tug of War
	96	Year 8 Girls Javelin
	97	Year 9 Boys Long Jump
	98	Year 9 Girls Triple Jump
	99	Year 10 Boys Discus
	100	Year 10 Girls High Jump
1:40pm to 2:30pm	101	Year 7 Girls 4 x 100 Relay
	102	Year 7 Boys 4 x 100 Relay
	103	Year 8 Girls 4 x 100 Relay
	104	Year 8 Boys 4 x 100 Relay
	105	Year 9 Girls 4 x 100 Relay
	106	Year 9 Boys 4 x 100 Relay
	107	Year 10 Girls 4 x 100 Relay
	108	Year 10 Boys 4 x 100 Relay
	109	Staff v House Captain v Parent Relay